



Cyst Aspiration

What Is a Cyst Aspiration?

A cyst aspiration is a procedure where a small needle is inserted through the skin to drain a cyst. This procedure can be performed under CT or ultrasound guidance, depending on where the cyst is located.

What Happens During the Procedure?

- You will receive local anaesthetic to numb the area.
- A needle will then be guided to where the fluid can be drained.
- A small water proof dressing will be applied to the area following the procedure.

Informed consent process and risks

You will be asked to sign a consent form, on the day of your procedure.

Below are some of the risks of the procedure, these will be discussed with you on the day of your procedure:

- Infection
- Bleeding and bruising
- Damage to surrounding structures
- Insufficient sample collected

What Happens After The Procedure?

- Usually you are able to go home immediately after your injection provided that you are feeling well.
- Slight discomfort and or swelling may be experienced after the procedure and is usually relieved with paracetamol or an icepack.
- You will have a waterproof dressing on the site. This can be removed after 24 hours.

You will receive some discharge information on the day of your procedure from the team, with instructions on how to look after the wound.