



# Joint Injection

## **What Is a Joint Injection?**

A joint injection allows the delivery of medication into a joint to provide temporary or prolonged relief from pain or inflammation.

The injection may reduce pain and swelling in and around the joint space and damaged structures.

## **What Happens During the Joint Injection?**

- The Radiologist will use image guidance to locate the area that will be injected.
- Local anaesthetic may be used to numb the area.
- Local anaesthetic and steroids are typically delivered in a joint injection.

## **Informed consent process and risks**

You will be asked to sign a consent form, on the day of your procedure.

Below are the risks of the procedure:

- Infection
- Bleeding and bruising
- Post-injection flare of any pain/symptoms you have been experiencing
- Skin changes
- Allergy
- Variable/incomplete pain relief

## **What Happens After The Joint Injection?**

- Usually you are able to go home immediately after your injection provided that you are feeling well.
- Pain often continues over a few days so persist with your pain relief medication.

*You will receive some discharge information on the day of your procedure from the team, with instructions on how to look after the wound.*